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Pathways to Care News

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New Administrator Takes PTC Helm

Dedicated to helping people live their lives in a caring environment coupled with dignity and respect, the Board of Directors is pleased to announce Mr. Paul Macken as the new Administrator of Pathways to Care.

Already an insider with the program, Macken's ability to empathize and understand the needs of residents makes him a prime leader to

continue the essential mission at PTC. With prior success with the Indian River Center, Salvation Army and as a staff member of Talking Point Communication in Dublin, Ireland, Paul has eagerly taken the PTC helm and is already making a difference in the lives of its residents.

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New PTC Administrator Paul Macken. Join us on June 24th!

St. Mary Magdalene Parish Races to the Finish for PTC

On your mark, get set, Go!

On April 5th, St. Mary Magdalene Parish held its annual 5k race. With over 400 participants, it was the most successful race yet!

Part of the proceeds from the event went to support CCCF's Pathways to Care program.

Thank you to St. Mary Magdalene Parish and all who participated in this year's run! Each dollar for



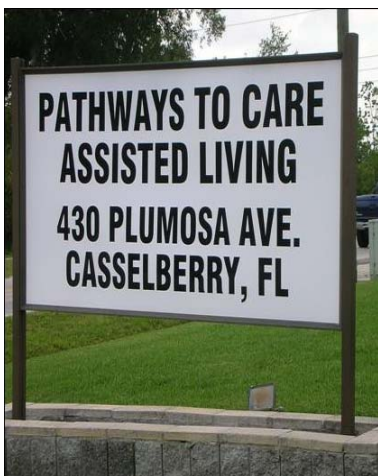
Runners hit the pavement to help benefit PTC in St. Mary Magdalene's annual 5k race.

PTC makes a difference in improving the lives of its residents. We could not do it without your support!



Photo courtesy: Orlando Food Not Bombs

"On any given day there are between 4,500 and 6,000 individuals on our streets."



"The successful formula lived daily within the safe walls of PTC is a step toward physical, mental and spiritual recuperation."

Homelessness in Our Own Backyard

Did you know on any given day there are more than 6,000 people without homes in our community? Although staggering, this figure from the Central Florida Regulation Commission on Homelessness accounts only for Orange, Seminole and Osceola Counties. What can we do about our neighbors living day to day without the basic necessities like food, shelter and medicine?

In January 2008, the Central Florida Regulation Commission on Homelessness released a 10-year plan to end homelessness in Central Florida. Its findings were astounding and serve to reiterate the importance of PTC's mission to provide a safe place for Central Florida's recuperating homeless.

Homelessness knows no race or educational boundaries. In fact, 32% of our homeless population has post-secondary school educations! With any bad month or quiet work schedule, a family or individual living paycheck to paycheck can end up without a home. It is a cycle that can be broken with preventive measures and guidance toward self-sufficiency.

The good news is Pathways to Care is doing its part to provide that assistance which is so necessary for residents to regain control of their lives. The Central Florida Regional Commission on Homelessness recognized four areas of attention essential to aiding this problem: Housing; Prevention; Supportive Systems; and Healthcare. All these components are ingredients for the

recipe to rescue our neighbors from the streets. PTC has its hand in each. The successful formula lived daily within the safe walls of PTC is a step toward physical, mental and spiritual recuperation:

Housing—PTC's 40 beds provide relief for homeless individuals suffering from acute medical injuries or illness. After the course of their recuperation, caseworkers refer residents to the appropriate channels to assist them in finding more permanent housing.

Prevention/Self Sufficiency—40% of homeless in Central Florida are veterans. Caseworkers access vet benefits and help reunite residents with family members. Residents have access to GED classes and educational and job training.

Supportive Systems—PTC provides transportation to outings, stores and doctor appointments for residents who otherwise do not have the means to reach social settings. Caseworkers use myriad referral systems to attain the appropriate services, nurses and kitchen staff tend to diet and nutritional needs, while visiting clergy offer bible studies or ecumenical services for spiritual attention.

Healthcare—Registered nurses provide medication assistance and supervision, as well as mental health and substance abuse counseling.

Annual PTC Benefit Fashion Show, October 3, 2008

Preparations are in full swing as Pathways to Care gets ready for another memorable **Fashion Show** to be held at the **Marriott, Lake Mary**, 1501 International Parkway & HE Thomas Parkway (CR46A)

Set for **October 3rd**, this year's event will feature a seated lunch, live and silent auctions, Fall and holiday fashions from Coldwater Creek!

Each year a determined committee organizes a

stunning affair of style, cuisine and unique bidding opportunities. This year promises to be another successful event, with all the proceeds benefit the critical mission of PTC.

Last year's fashion show event, *The Glass Slipper*, was held at Tuscawilla Country Club in Winter Springs.

In its 3rd year the **Pathways to Care Benefit Fashion Show** is changing location to the **Marriott, Lake**

Mary, conveniently located off of I-4 and HE Thomas Parkway (CR 46A), in order to be more easily accessible from all of Seminole & Orange Counties.

Are you interested in helping with this year's fashion show? Your help is needed!

Do you have a service or new item you would like to donate for the live and silent auctions?

Please contact Fran Brown, 2008 Committee Chair at (407) 365-8075.



2008 Benefit Fashion Show
Tickets are \$60
Tables are \$600
Corporate Sponsorships are available at \$1000

We hope to see you there!

Make Simple Wishes Come True with the PTC Wish List

Residents at Pathways to Care walk in with literally only the clothes on their back. Sometimes, after a hospital stay, they come to us in a gown and slippers. Imagine trying to recover from a serious illness or injury without basic comforts like a toothbrush, soap or socks.

PTC provides its residents with these necessities to help them feel at home

during their stay. While they may not be big items, they mean so much to those we serve. PTC takes literally when Jesus said, "When I was naked you clothed me, ill and you cared for me." (*Matt 25:36*)

You can help us treat our residents while upholding their dignity and respect. The following is a wish list of items always needed at Pathways to Care:

- Toothbrushes
 - Toothpaste
 - Shampoo
 - Bath soap
 - Mouthwash (no alcohol)
 - Combs
 - Hairbrushes
 - Shaving cream
 - Men & women's razors
 - Men & women's deodorant
 - Men & women's flip flops
 - Female personal hygiene products
 - Hand cream
 - Lotion
- Continued on pg 4...*

"Imagine trying to recover from a serious illness or injury without basic comforts like a toothbrush, soap or socks."

Pathways to Care

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WWW.CFLCC.ORG



We're on the Web!

See us at:
www.pathwaystocareinc.org
or
www.cflcc.org

Pathways to Care Wish List (...continued)

Other items also needed:

- Reading glasses—variety of prescriptions
- Mesh laundry bags
- Bed pillows
- White towels
- White washcloths
- Men & women's socks (packaged)

- Men & women's T-shirts, underwear (packaged)
- Puzzles and board games

homeless neighbor to recover and receive the social services they need to maintain a better life!

Remember, it costs as little as \$4.29 per day to provide a bed for our

Paul Macken Brings Something New to PTC

A native of Ireland, he has committed himself to the service of others with extensive expertise in social services. Already certified in addiction and gambling counseling with

diplomas in Business, Criminal Justice, Macken is completing a Masters' in Gerontology.

A reception and open house to welcome Macken in his new role

will be held June 24th at 7 pm at Pathways to Care. All are welcome.

Please come and join us in giving Paul Macken a warm welcome!

About Our Organization...

Pathways to Care (PTC) is a 40-bed respite center dedicated to providing health, housing and hope to Central Florida's most vulnerable homeless individuals. PTC provides short-term

recuperative care and support services for homeless adults in need of temporary housing in order to recover from an acute medical illness or injury. Residents are encouraged to develop

and complete a social recovery plan devised to solve the root causes of their illness and homelessness. Opening its doors in 2003, PTC became a program of CCCF in January 2007.

**Catholic Charities of
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